

St. Mary's Newsletter

St Mary's Ukrainian Catholic Parish
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Divine Liturgies

Sundays: 8:30am English (spoken)
10:30am Ukrainian (sung)
Mon-Sat: 7:30am (Chapel)
Holy Days: 10:00am
Fr Joseph Pidskalny OSBM (Admin)

Byzantine Terminology

Kontakion -A Greek word meaning 'from the pole', which relates to how the hymn text was rolled up on a pole for use in liturgical services. The Kontakion is a poetic hymn recited during the divine liturgy.

Moleben-A prayer service of intercession or of supplication. Offered in honor of Jesus Christ, The Mother of God (Theotokos), a particular saint or martyr, or a Feast.

Tetrapod-A small, four-legged table ('Tetra', meaning four, and 'Pod', for foot) directly in front of the iconostasis, upon which are placed holy icons for veneration. Upon entering the church, before receiving Communion, and prior to leaving the church, the faithful are invited to walk up to the tetrapod, cross themselves, and kiss the icons placed there.

Theotokos-From the Greek meaning 'God-Bearer', or 'The One who gives birth to God'.

Troparion-Derived from the Greek 'Tropos', or 'something repeated'; a short hymn, usually of one stanza, recited during the Divine Liturgy.

Vespers-From the Latin for 'evening'; the evening prayer service in the Eastern Church. Because the liturgical day begins at sunset, early evening Vespers are the first service of the daily cycle of divine services.



Parish Stewardship: Part 2

Parish Stewardship isn't a program or a checklist—it's a personal journey of conversion and renewal. It's choosing to live our Faith each day with gratitude, love, and purpose.

Stewardship in a Ukrainian Catholic Church is a sacred responsibility rooted in faith, tradition, and community. It reflects the call to serve God by caring for the Church's spiritual and material gifts.

Parishioners are encouraged to share their time, talents, and treasures, recognizing that all blessings come from God.

Stewardship manifests through liturgical participation, volunteering, and supporting parish initiatives such as youth programs, outreach, and cultural preservation.

In the Ukrainian Catholic tradition, stewardship also honors the legacy of ancestors who built and sustained the Church through hardship and devotion. It fosters unity, gratitude, and a deep sense of belonging.

By embracing stewardship, the faithful not only maintain the Church's vitality but also live out the Gospel's call to love and serve others. Ultimately, stewardship is an act of worship—an offering of oneself in gratitude and commitment to the mission of Christ within the Ukrainian Catholic community.

UPCOMING EVENTS

Ukrainian TV Network

Ukrainian Kontakt on OMNI TV:

Denys Panchenko Guitar Recital
Saturday November 8, 7 30pm
Grace Vancouver church

Dictionary of Emotions in War Time
Saturday November 8, 7:30 pm
Presentation Theatre North Van

Christmas Market
Saturday November 15 10-4pm
Ivan Franko Society Richmond BC

Ukrainian Food Sales
Friday November 21 supper 4-630pm
Ukrainian Food Saturdays 10-2
Ivan Franko Society Richmond

The Bread Table – (Holodomor)
Saturday November 22 12noon
Vancouver Art Gallery

Perogy Sale
Sunday November 23 11-4pm
AUCC Vancouver

Ukrainian Christmas Fair
Saturday November 29 11-4pm
St Mary's Ukrainian Centre Vancouver

Standing Free Ukrainian Documentary
November 29 1-2:30 pm
The Cinematheque Vancouver

DakhaBrakha Music
Thursday December 11 7pm
The Pearl Vancouver BC

Ukrainian Winterfest
Saturday December 13 1-9pm
Holy Trinity Cathedral Vancouver
Check with the venue for details or updates

Пам'ятаємо Голодомор. We remember the Holodomor

This year, as we mark the 92nd commemoration of the Holodomor, we remain united in remembrance. The ruthless Russian aggressor is committing yet another genocide of the Ukrainian people and is deliberately attempting to destroy all things Ukrainian. We must remain one with the Ukrainian people in protecting our history, identity, and sharing the truth. **International And National Holodomor Memorial Day SATURDAY, NOVEMBER 22**

Memorial services will be celebrated in our Ukrainian parishes.

Engaging descendants of survivors

The Ukrainian World Congress International Holodomor Coordinating Committee launched the Global Holodomor Descendants Network in fall 2020 to create a platform for communication, support, advocacy, and activism.

To learn more visit <https://hdn.ukrainianworldcongress.org/>.

A valuable Canadian resource titled Children of Holodomor Survivors Speak was developed by the Ukrainian Canadian Research and Documentation Centre (UCRDC). You can hear the stories as told by descendants of Holodomor survivors as part of a project launched by the Ukrainian Canadian Research and Documentation Centre titled [Children of Holodomor Survivors Speak](#). This is a great project to share with descendants in your community in promoting the network. If you are aware of any descendants in your community who would like more information about the network and getting involved, please contact the UCC National Holodomor Awareness Resource material.

Here is a link to the Holodomor Informational Video

<https://youtu.be/vxQrGvcQX6M?si=JibLziYMe999v6TT>

