



**Українська Католицька Парафія  
Покров Пресвятої Богородиці**

**Protection of the Blessed Virgin Mary  
Ukrainian Catholic Parish**

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*“Today the Virgin stands before us in the temple,  
And together with the choirs of saints prays to God for us.”*

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11 лютого, 2024

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**Служби Божі/Divine Liturgies**

Неділя/Sunday: 8:30 am English

10:30 am Ukrainian

**У Свята/Holy Day of Obligation**

10:00 am

**Щодня/Daily (Mon-Sat)**

7:00 am in Chapel

**Сповідь/Confessions**

Before both Sunday Divine Liturgies

By appointment during the week

**Baptism** by appointment

**Anointing of the Sick/Hospital Visits/**

**Eucharist for the sick** - any time

**Marriages** - the arrangements with the priest must be made at least 6 months before the marriage

**Funerals** - by arrangement

**Basilian Fathers serving the Parish**

Fr. Joseph Pidskalny, OSBM - Administrator

Fr. Josafat Oliinyk, OSBM - Assistant

**Сиропусна Неділя**



**Cheese-Fare Sunday**

Romans 13:11 - 14:4

Matthew 6:14-21

**Welcome! The Protection of the Blessed Virgin Mary Parish welcomes everyone to our Divine Liturgy. Thank you for worshipping with us today.**

Coffee and sweets following the 8:30 and 10:30 am Divine Liturgies. Please join us.

**Today: The 32nd World Day of the Sick.** The 8:30 am Divine Liturgy will be celebrated for the intention of our sick parishioners; those at home, in hospitals or care facilities.

### **Hymns at the 10:30 Divine Liturgy**

Opening: page 238: Увійди, єрею; Uviydy, yereyu

Communion: page 244: Витай між нами; Vytai mizh namy

Closing: page 52: By the Rivers of Babylon (Basilian Chant)

**Eternal Memory!** Sincerest condolences are extended to Carol Woznow and Family on the passing of her father Leon Woznow. Funeral Service pending. **Вічна Пам'ять!**

The **2024 Almanac "Svitlo"** is available in the Bookstore at a cost of \$20/copy.

**Monday, February 12. Great Lent begins.** The first day of Great Lent is a strict fast day. We are to abstain from meat, dairy products and eggs, as well as foods that contain these ingredients.

**Wednesday, February 14:** 7:00 pm - Stations of the Cross in chapel.

**Friday, February 16:** 7:00 pm - Memorial Divine Liturgy and Sorokousty in church. (You may submit new names for the Sorokousty Service by using the Sorokousty envelopes that are found in the church vestibule.)

### **Ukrainian Embroidery Club**

**Next class: February 12th.** A Ukrainian Embroidery Club meets on Monday evenings at St. Mary's from 5:00 - 7:00 pm in the downstairs classroom. New students, family and friends are welcome. For more information, please call Emily at 778.888.3057.

### **Easter Paska Sale**

The Ladies League will be doing an EASTER PASKA SALE for parishioners only. The sale is pre-order only. Order forms will be available in the church vestibule.

The pick up date is Sunday March 17 Noon (following 10:30 Liturgy) in the parish auditorium, 3150 Ash Street. Don't wait to put in your orders. Thank you in advance.

Marlayne Andrijaszyn

### **Frozen Pyrohy (Perogies)**

Frozen pyrohy (perogies) will be available for purchase after both Sunday Divine Liturgies in the Fellowship Room kitchen. \$10/dozen.

### **Parish Donations**

If you are not a registered parishioner and are using a "Convenience Envelope" for your donation: please provide the parish office with your full name and address on the envelope. This will enable the office to send you an income tax receipt.

## **Vancouver Food Bank Donations**

Our Parish will be collecting monetary donations for the Vancouver Food Bank. A collection will take place four times a year, on the first Sunday of March, June, September and December 2024.

**A collection, MONETARY ONLY, will be held on Sunday, March 3rd at both Divine Liturgies.** Let us help those in need.

If you would like a tax receipt, please write your name and address on the special envelope "Vancouver Food Bank Donation". Make cheques payable to "St. Mary's Parish" and indicate in the memo portion that it is for the "Vancouver Food Bank." May Our Lord bless you for your kindness and generosity.

## **The Basilian Order of St. Josaphat (Basilian Fathers) holds its Provincial chapter**

From February 5 - 9, 2024, The Canadian Province of the Basilian Order of St. Josaphat (Basilian Fathers) held its Provincial Chapter in Vancouver, British Columbia.

The Chapter, a series of meetings which normally takes place every four years, is a time during which Basilian delegates from across Canada meet to review, evaluate and discuss their work in the various areas of the apostolate in which they are engaged across Canada.

At the same time the Chapter elects a Provincial Council which will oversee and direct, in keeping with the Basilian Statutes and the Chapter Resolutions, the work of the Basilian Order in Canada. The new Council consists of:

Rev. Damian Dutka, OSBM - Provincial Superior  
Rev. Gabriel Haber, OSBM - Consultor  
Rev. Thomas Kobak, OSBM - Consultor

### **Prayer of St. Ephrem (Prayed during the period of Great Lent)**

**O Lord and Master of my life,  
keep from me the spirit of indifference and discouragement, lust for power,  
and idle chatter. (Prostration)**

**Instead, grant to me, Your servant, the spirit of wholeness of being,  
humble-mindedness, patience and love. (Prostration)**

**O Lord and King, grant me the grace to be aware of my sins and not to  
judge my neighbour, for You are blessed, now and for ever and ever.**

**Amen. (Prostration)**

(Then with a simple bow the following prayer is repeated four times)

**God, be merciful to me, a sinner.  
God, cleanse me of my sins and have mercy of me.  
I have sinned without number, forgive me, O Lord.**

Then the entire Prayer of St. Ephrem is recited without the usual prostrations.  
One prostration is made at the end.

## **“DRY FEB” - Canadian Cancer Society Fundraiser - St Mary’s Church Team**

**Dry Feb** is a fundraiser that challenges you to go alcohol-free in February and raise funds for the Canadian Cancer Society (CCS). It helps you get healthy while also raising funds to make a difference for Canadians affected by cancer. St. Mary’s has a team that is hoping to raise \$5,000 this year. We need your support.

You can donate on-line at [www.dryfeb.ca](http://www.dryfeb.ca) or by making out a cheque to CANADIAN CANCER SOCIETY and putting it in the Sunday morning collection plate or bringing it to the parish office during the week. Cash can be handled the same way with name/address included. A tax receipt from the CCS is sent to you by April 30/2024 for any donation over \$20.

## **Cheese-Fare Sunday**

### **Reflection from the Lenten Triodion - Vespers**

Entering into the arena of the holy Fast, let us make every effort to humble our flesh by abstinence; in prayer and with tears let us seek the Lord our Saviour, and, that we might turn away from our evil deeds, let us say to Him: We have sinned against You, O Christ our King, save us as You saved the Ninevites of old, and in Your goodness, grant us a share in the kingdom of heaven.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Let us begin the time of this bright Fast, giving ourselves over to spiritual struggle. Let us sanctify our soul and purify our flesh. Let us not fast only from food; let us also abstain from every passion and cultivate spiritual virtues. And let us faithfully persevere in this, so that we may be worthy to see the holy passion of Christ our God and the joy of His holy resurrection.

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Поквапмось усі смирити тіло стриманістю, проходячи божественний шлях безплямного посту. Молитвами та сльозами шукаймо Господа Спасителя і забудьмо врешті всю злобу, взиваючи: Зрішили ми перед тобою, Христе Царю! Спаси нас, Добросердий, як колись ніневітян, і вчини нас учасниками небесного царства.

Слава Отцю, і Сину, і Святому Духові, і нині і повсякчас, і на віки вічні. Амінь.

Почнім радісно час посту! Віддавши себе духовному подвигіві, очистьмо душу, обмиймо тіло і стримуймося в їжі, і від усяких пристрастей, насолоджуючись духовними чеснотами. Зростаючи в них любов’ю, сподобимось всі побачити всечесну страсть Христа Бога і, радіючи духом, святу Пасху.