

# St. Mary's Newsletter

St Mary's Ukrainian Catholic Parish  
550 West 14<sup>th</sup> Ave Vancouver BC V5Z 1P6  
www.stmarysbc.com 604-879-5830  
Ukrainiancatholicvancouver@gmail.com

Facebook.com/St Mary's Ukrainian Catholic Vancouver editor: Orest Kernycky



Vol 5 Winter 2019R

## Divine Liturgies

Sundays: 8:30am English  
10:30am Ukrainian  
Weekdays: 7:30am (Chapel)  
Holy Days: 10:30am / 7pm

Father Serafym Grygoruk OSBM  
Father Joseph Pidskalny OSBM  
Most Rev. Bishop Emeritus  
Severian Yakymyshyn OSBM

## Holy Communion

*The manner in which we approach the altar for Holy Communion is founded on the truth that the Eucharist is really and truly the body, blood, soul, and divinity of our Lord Jesus Christ. It is not just a symbol or representation! Because of this, we should approach communion with devotion, reverence, and respect.*

*Please keep in mind the following guidelines when receiving communion:*

*Fast for at least one hour before Mass: It is customary to pray and fast before Liturgy in order to prepare ourselves for Holy Communion and to offer ourselves as a pure sacrifice to our Lord. (Water and medicine do not break a fast.) We don't bow or make the sign of the cross as we approach the chalice, but cross our hands over our heart in an X to keep them out of the way. If you want, you may tell Father your Christian or Baptismal name as you approach. Look up toward the ceiling and open your mouth. That's all there is to it. Don't stick your tongue out and don't lick the Holy Spoon. We also don't say anything after we've received communion.*



*If you are not Catholic or you are Catholic but are not properly prepared to receive communion you may come to the front and receive a blessing. When you are in front of the priest, place your finger over your mouth and bow your head.*



**Christmas December 25, 2019**

## Gifts and Treasures

As individuals and as a parish each of us is called upon to ensure that the religious, educational and charitable efforts in our parish may continue. These vital efforts can only continue with your support, you can enable our parish to reach out to build the Kingdom of Christ. Life challenges us to share our gifts and our talents with the entire community. Putting ourselves at the service of others and not holding back is how we live our faith.

## Parish Contacts

Lorraine Waslen - St Mary's President  
Vacant Position - Vice President  
Sonja Wheelhouse - St Mary's Choir  
Gerry Ukrainetz - Parish Grounds Maintenance  
Henrietta Ukrainetz - Recreation Centre  
Marlayne Andrijaszyn - UCWL President  
Orest Kernycky - webpage/facebook/ newsletter  
Adrian Kopystynski - Knights of Columbus ,  
booking coordinator Parish Auditorium

## UPCOMING EVENTS

### Malanka

**Saturday January 18 6pm**

Hosted by AUUC Strathcona Ukrainian Hall & Performing Arts Society  
[www.auucvancouver.ca/](http://www.auucvancouver.ca/)

### Ukrainian Language Session 10 weeks

**Mondays January 20 6:30pm-8:30pm**

St Mary's Parish Classrooms  
[www.ukrainianclasses.com](http://www.ukrainianclasses.com)

### Malanka

Ivan Franco Community Centre

**Saturday January 25**

[ivanfranko.ca](http://ivanfranko.ca)

### Pancake Breakfast

**Sunday February 16 - 9:30-1pm**

3150 Ash St Ukrainian Centre

### Greater Vancouver Sobor/Assembly

**Saturday February 22 10:30am-1pm**

Holy Cross Parish -Surrey

[www.nweparchy.ca](http://www.nweparchy.ca)

### Bishop Ken's Farewell Reception

**Saturday February 29 11am**

Holy Eucharist Cathedral New West

Divine Liturgy with reception to follow

### Fr. Nisbet - Catholic Bible Seminar

**Fri/Sat/ Sun March 20,21,22**

St Mary's Ukrainian Parish -Vancouver

<https://biblestudies4.wixsite.com/biblecentre>

### BC Ukrainian Cultural Festival

**Saturday May 2 - Mission BC**

9am - 6:30 pm

<http://bcucf.ca> info/tickets

More Details for these and other events at  
Facebook: St Mary's Ukrainian Catholic Church  
Vancouver Or Stmarysbc.com

Email: [Ukrainiancatholicvancouver@gmail.com](mailto:Ukrainiancatholicvancouver@gmail.com)

**Vichnaya Pamyat (Вічна Память “Eternal Memory”)**



John Melnyk Nov 9, 2018



Olqa (Tiny) Zarski Nov 19, 2018



Robert Kozak Nov 19, 2018



Mary Earl Jan 15, 2019



Maria Misiog Apr 9, 2019



Peter Stenyck June 2, 2019



Bohdan Karpinski Aug 6, 2019



Adela Busko Aug 25, 2019



Ben Kurylowich Dec 5, 2019



Daniel Waslen Dec 18, 2019

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