

St. Mary's Newsletter

St Mary's Ukrainian Catholic Parish
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Vol 5

Winter 2019

Divine Liturgies

Sundays: 8:30am English
10:30am Ukrainian
Weekdays: 7:30am (Chapel)
Holy Days: 10:30am / 7pm

Father Serafym Grygoruk OSBM
Father Joseph Pidskalny OSBM
Most Rev. Bishop Emeritus
Severian Yakymyshyn OSBM

Holy Communion

The manner in which we approach the altar for Holy Communion is founded on the truth that the Eucharist is really and truly the body, blood, soul, and divinity of our Lord Jesus Christ. It is not just a symbol or representation! Because of this, we should approach communion with devotion, reverence, and respect.

Please keep in mind the following guidelines when receiving communion:

Fast for at least one hour before Mass: It is customary to pray and fast before Liturgy in order to prepare ourselves for Holy Communion and to offer ourselves as a pure sacrifice to our Lord. (Water and medicine do not break a fast.) We don't bow or make the sign of the cross as we approach the chalice, but cross our hands over our heart in an X to keep them out of the way. If you want, you may tell Father your Christian or Baptismal name as you approach. Look up toward the ceiling and open your mouth. That's all there is to it. Don't stick your tongue out and don't lick the Holy Spoon. We also don't say anything after we've received communion.



If you are not Catholic or you are Catholic but are not properly prepared to receive communion you may come to the front and receive a blessing. When you are in front of the priest, place your finger over your mouth and bow your head.



Christmas December 25, 2019

Gifts and Treasures

As individuals and as a parish each of us is called upon to ensure that the religious, educational and charitable efforts in our parish may continue. These vital efforts can only continue with your support, you can enable our parish to reach out to build the Kingdom of Christ. Life challenges us to share our gifts and our talents with the entire community. Putting ourselves at the service of others and not holding back is how we live our faith.

Parish Contacts

Lorraine Waslen - St Mary's President
Vacant Position - Vice President
Sonja Wheelhouse - St Mary's Choir
Gerry Ukrainetz - Parish Grounds Maintenance
Henrietta Ukrainetz - Recreation Centre
Marlayne Andrijaszyn - UCWL President
Orest Kernycky - webpage/facebook/ newsletter
Adrian Kopystynski - Knights of Columbus ,
booking coordinator Parish Auditorium

UPCOMING EVENTS

New Year's Eve Potluck

December 31 8pm
Holy Eucharist Cathedral
newwestminster.nweparchy.ca

St Mary's Christmas Dinner

Sunday January 12 - 12 noon
3150 Ash St- St Mary's Ukrainian Centre
Everyone welcome

Malanka

Saturday January 11
Victoria BC ucc1@shaw.ca

Malanka

Saturday January 18 6pm
Hosted by AUUC Strathcona Ukrainian Hall
& Performing Arts Society
www.auucvancouver.ca/

Malanka

Ivan Franco Community Centre
Saturday January 25
ivanfranko.ca

Pancake Breakfast

Sunday February 16 - 9:30-1pm
3150 Ash St Ukrainian Centre

Greater Vancouver Sobor/Assembly

Saturday February 22 10:30am-1pm
Holy Cross Parish -Surrey
www.nweparchy.ca

Fr. Nisbet - Catholic Bible Seminar

Fri/Sat/ Sun March 20,21,22
St Mary's Ukrainian Parish -Vancouver
<https://biblestudies4.wixsite.com/biblecentre>

BC Ukrainian Cultural Festival

Saturday May 2 - Mission BC
9am - 6:30 pm
<http://bcucf.ca> info/tickets

More Details for these and other events at
Facebook: St Mary's Ukrainian Catholic Church
Vancouver Or Stmarysbc.com

Email: Ukrainiancatholicvancouver@gmail.com

Vichnaya Pamyat (Вічная Памяць “Eternal Memory”)



John Melnyk Nov 9, 2018



Olga (Tiny) Zarski Nov 19, 2018



Robert Kozak Nov 19, 2018



Mary Earl Jan 15, 2019



Maria Misiong Apr 9, 2019



Peter Stenyck June 2, 2019



Bohdan Karpinski Aug 6, 2019



Adela Busko Aug 25, 2019



Ben Kurylowich Dec 5, 2019